

6. GP letter & patient summary examples: for the patient

Mr Tony Test 1/12/1899 NHS No: 454 454 4545 Hospital No: L1145800
7 Lime Walk, Treetown, Woodshire, WS1 1SW

THIS IS A SUMMARY OF THE CONSULTATION WITH THE DOCTOR OR NURSE YOU SAW IN CLINIC TODAY

Your diagnosis:	Ulcerative Colitis	Date of your diagnosis:	01/12/2012
Consultant responsible for your care:	Dr M Jones	Date this summary was generated:	16/05/2014
Disease extent:	Ulcerative proctitis - Involvement limited to the rectum		
Modified UCDAI:	8 - Patient is considered to be in remission if disease score is <=2 and severe if disease score is >10.		
Extra GI manifestations:	Joints : Arthralgia; Eye : Uveitis		
Disease Complications:	Rectal bleeding, anaemia		
Surgery	10/06/2013 Colectomy & ileostomy with retained rectal stump		
Problems and Issues discussed:	Anaemia	Plan:	Requires iron infusion
	Stoma problems with skin excoriation	Plan:	Monitor

Your medication

NEW & CHANGED	Dose	Route	Frequency
Budesonide	100mg	Oral	Daily

Please note: any non-IBD related medication being taken is not listed here.

The following investigations have been ordered: X-Ray Abdomen, Colonoscopy
Blood tests requested: Routine bloods: FBC, U&E, LFTs, CRP, ESR, Bone, Ferritin, B12, Folate

You will be contacted about your next appointment. If you have any queries in the meantime please contact

GENERAL INFORMATION

Tests requested: If you have been asked to do blood or stool tests, please *do not forget* since the results help to make your care as good and safe as possible.

Medication: It is important to take your medication regularly. Even if you are feeling well, continuing your medicines makes it less likely that you will have a relapse. If you are on azathioprine, methotrexate or anti-TNF drugs do remember to have regular blood tests to be sure that the drugs remain safe to take.

Information and Support: We are always happy to answer questions or concerns. If you have any queries contact us on **insert own Trust's number here**. Alternatively, Crohn's and Colitis UK have a website with a wide range of helpful publications to download (www.crohnsandcolitis.org.uk) and an information line on 0845 1302233 to help you with any general questions about Crohn's disease or ulcerative colitis that you or your family may have. There is also a local Crohn's and Colitis UK Group that meets several times a year. If you would like to know more about their activities you can contact them on 0845 **ADD LOCAL C&C UK GROUP NUMBER HERE**.

Practical help for living with IBD

You can get a RADAR key, which enables you to use Disabled Toilets throughout the UK. You can buy a Prepayment Certificate for prescriptions that is good value if you have more than 14 prescribed items in a year. Members of Crohn's and Colitis UK get a 'Can't Wait Card', which can be shown if you need to ask to use staff toilet facilities in a shop or office.

6. GP letter & patient summary examples: for the notes

PATIENT SUMMARY

Mr TONY TEST 10/11/1975 NHS No:454 454 4545 Hosp No: L1145800
7 Lime Walk, Treetown, Woodshire, WS1 1SW 01923 898989

Diagnosis:	Ulcerative Colitis	Date of diagnosis:	01/12/2012
Responsible Consultant:		Date summary generated: 16/05/2014	
Disease extent:	Ulcerative proctitis - Involvement limited to the rectum		
Modified UCDAI:	8 - Patient is considered to be in remission if disease score is <=2 and severe if disease score is >10.		
Smoker	Ex		
Extra GI manifestations:	Joints : Arthralgia; Eye : Uveitis		
Disease Complications:	Rectal bleeding, anaemia		
Height:	Weight:	Date recorded:	
TPMT:	Family History of: IBD: Yes		GI Cancer: Yes
Surgery	10/06/2013 Colectomy & ileostomy with retained rectal stump		

Medication

STOPPED	Dose	Route	Frequency	Date Stop	Reason
Budesonide	100mg	PO	w	01/07/2013	Steroid induced
NEW & CHANGED	Dose	Route	Frequency		
Folic Acid	10mg	PO	od		
ONGOING	Dose	Route	Frequency		
Pentasa Sachet	2mg	PO	bd		

ADVERSE REACTION	Side Effects	Date
Budesonide	Psychosis	01/07/2013

Disclaimer: non-IBD related medication being taken by the patient is not listed here.